



# GULF OF MORBIHAN VANNES...

OUT OF THIS  
world

BRETAGNE 

## WELCOME GUIDE



Golfe du  
Morbihan  
Vannes  
TOURISME

# IMMERSE YOURSELF IN THE JOYS OF THE OCEAN

---



MIRAMAR LA CIGALE

HÔTEL THALASSO & SPA

Golfe du Morbihan

+33 (0)2 97 53 49 00 - [miramar-lacigale.com](http://miramar-lacigale.com)





**GULF OF MORBIHAN VANNES...  
OUT OF THIS world**

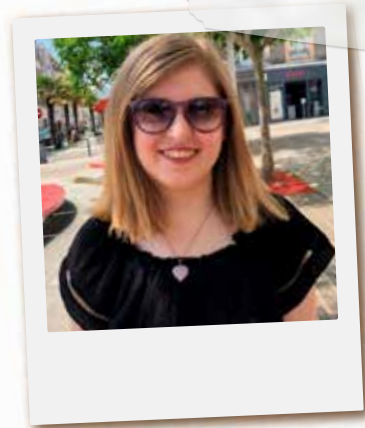
# ASK A LOCAL

## 2 ambassadors of the Gulf of Morbihan



I love living in Vannes for many reasons. With all of the shops, restaurants, sightseeing opportunities and other various activities to do there is never a dull weekend. Whether you prefer to go for a stroll around one of Vannes many gardens and parks or sip on a cocktail on the waterfront, there is always something interesting to do. The bus lines allow you to get around town quickly and cheaply. With these easy to use buses you can go to the coast or any of the nearby towns, such as Nantes, Lorient, Josselin etc.

**Grace Kempson, 21, Law student, Vannes**



On the Golfe du Morbihan just a stone's throw from the magical town of Vannes – a brilliant place for a charmed weekend break that has to include a ramparts tour and Kouign-amann pastry tasting! – sits the Presqu'île de Rhuys (pronounced roo-eece).

The peninsula might have just one main road down its length but there is so much to enjoy when you take a random turn off, including fantastic beaches and foodie adventures. History lovers make a beeline for the magnificent Château de Suscinio while walkers are spoiled for coastal trails; seafarers, meanwhile, will love a boat tour of the oh-so-scenic bay.

Passion and dedication to producing great things to eat and drink are in abundance too, all served up with a wide Breton smile (folk are very friendly here). Try La Maison du Cidre, run by Didier Nicol and his wife Chantal – their prized sparkler 'Royal Guillevic', a prestigious 'Label Rouge' tippie, explains why Adam picked the apple!

Another unmissable visit: the butter and cheese maker extraordinaire Gervan Bourvellec, a bearded giant who crafts a perfectly delicate Tome cheese at La Ferme Fromagère de Suscinio. In short, when it comes to life's essential pleasures, Rhuys has it all. Go there!

**Justin Postlethwaite, Journalist, Agence FMG, Toulouse**

# Golfe du Morbihan Vannes TOURISME

WELCOME GUIDE

( TOURIST OFFICE )  
Golfe du Morbihan Vannes Tourisme

## CONTENTS

6

Portfolio



12

Culture



16

The sea



20

Nature



22

The land



24

The Megaliths



Produced by: l'OURS en PLUS l'Ours en Plus - 4 chemin des Douets - Les Fossés - Saint-Florent-des-Bois - 85310 Rives de L'Yon - [www.loursenplus.fr](http://www.loursenplus.fr)  
Cover photo: Alexandre Lamoureux • Photo credits: Alexandre Lamoureux (unless otherwise stated) • Graphic Design: Emma Chanelles • Publishing: Calligraphy - Chairman: Roland Tabart • Publishing director: Arnaud Burel - Project Manager: Aline Guiho - Thanks to: all the people who contributed to this edition, all our partners, the whole Tourist Office team: Annaïck, Angélique, Aurélie, Brendan, Cédric, Elisabeth, Emmanuelle, Gaëlle, Marie-Odile, Marion, Rozenn, Sandra, Sandrine, Sylvie, Valentine and Virginie.

Golfe du Morbihan Vannes TOURISME

Office de tourisme Golfe du Morbihan Vannes Tourisme  
Quai Tabarly - CS 23921 - 56039 Vannes  
[tourisme@golfedumorbihan.bzh](mailto:tourisme@golfedumorbihan.bzh) • [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

Tourism organization listed in the register of travel and holiday operators: IIMO 56130003 - SIRET : 789 660 784 00024 - APE : 7990 Z - TVA Intracommunautaire : FR 58789660784



Certifié PEFC  
Cet imprimé est issu de forêts gérées durablement et de sources contrôlées.  
[pefc-france.org](http://pefc-france.org)



# Golfe du Morbihan Vannes TOURISME



( TOURIST OFFICE )  
Golfe du Morbihan Vannes Tourisme

## OPENING TIMES TOURIST INFORMATION OFFICES

	APRIL TO MAY		JULY AND AUGUST		SEPTEMBER		OCTOBER TO MARCH
	Monday to Saturday	Sunday	Monday to Saturday	Sunday	Monday to Saturday	Sunday	Monday to Saturday - Closed on Sunday
<b>VANNES</b>	9:30 am-12:30 pm 1:30 pm-6 pm*	Closed* *except during spring school holidays and from June 15 to 30:10 am-1 pm	9:30 am-7 pm	10 am-6 pm	9:30 am-12:30 pm 1:30 pm-6 pm	Closed* * except from September 1 to 15:10 am-1 pm	9:30 am-12:30 pm 1:30 pm-6 pm
<b>GRAND-CHAMP</b>	9:30 am-12:30 pm 2 pm-6 pm	-	9:30 am-12:30 pm 2 pm-6 pm* * including August 15	-	9:30 am-12:30 pm 2 pm-6 pm	-	9:30 am-12:30 pm 2 pm-6 pm
	Closed on Mondays and Saturdays		*except Monday:2 pm-6 pm and Saturday:9:30 am-12:30 pm		Closed on Mondays and Saturdays		Closed on Mondays and Saturdays
<b>ARZON</b>	9 am-12 noon 2 pm-6 pm	-	9 am-13 noon 2 pm-7 pm	10 am-1 pm 3 pm-6 pm	9 am-12 noon 2 pm-6 pm	-	9 am-12 noon 2 pm-6 pm
<b>SARZEAU</b>	9 am-12 noon 2 pm-6 pm	-	9 am-13 noon 2 pm-7 pm	10 am-1 pm	9 am-12 noon 2 pm-6 pm	-	9 am-12 noon 2 pm-6 pm
<b>ST GILDAS DE RHUYS</b>	9 am-12 noon 2 pm-6 pm	Closed* * except during the spring school holidays:9 am-13 noon	9 am-13 noon 2 pm-7 pm	9 am-13 noon	9 am-12 noon 2 pm-6 pm	-	9 am-13 noon Closed on Thursdays and Saturdays
<b>ÎLE-AUX-MOINES</b>	9:30 am-1 pm 2 pm-5:15 pm	9:30 am-1 pm 2 pm-5:15 pm	9:30 am-6 pm		9:30 am-1 pm 2 pm-5:15 pm	9:30 am-1 pm 2 pm-5:15 pm	Closed

Bank holidays: contact us.



### FREE WIFI STAY CONNECTED

» The tourist office provides 12 WIFI hotspots at various locations around Golfe du Morbihan. Easy and free WIFI connection, available 24/7 via the WIFI GOLFE MORBIHAN network



Wifi hotspot at the Tourist Information Office



Interactive terminals

FURTHER INFORMATION ON OUR WEBSITE:

[WWW.GOLFEDUMORBIHAN.CO.UK/WIFI](http://WWW.GOLFEDUMORBIHAN.CO.UK/WIFI)



# Golfe du Morbihan Vannes

TOURISME

Golfe du Morbihan - Arzon

( TOURIST OFFICE )  
Golfe du Morbihan Vannes Tourisme

## OUR FAVOURITES

### RECOMMENDED ITINERARIES

#### FOR 1 DAY

It's a bit of a mission, but if you've only got one day in the area, you'll want to take a stroll around the historical centre of Vannes, at the very least; and, ideally, treat yourself to a cruise across the Morbihan gulf with a (short) stop on the Île aux Moines and/or Île d'Arz. A walk along the coastline paths tells you more than any guidebook ever could.



#### IN 3 DAYS

❖ **Day 1:** Vannes. Spend the morning exploring the historical town centre and the afternoon at the Parc du Golfe (aquarium, Port-Ker) and on Conleau island. Alternatively, head to the Rhuys peninsula and visit the iconic Castle of Suscinio.

❖ **Day 2:** Set sail for the islands, and either cruise around or choose one to explore at your leisure. Île aux Moines is best for cycling, while Île d'Arz has a fantastic coastal path for walkers.

❖ **Day 3:** If you missed out the castle of Suscinio on Day 1, spend the day on the Rhuys peninsula and push on to Port-Navalo, a charming fishing port. Beach lovers will find their patch of paradise between Saint-Gildas and Penvins. Or you can head to the small rural ports of the western Gulf, such as Le Bono and Auray (the Saint-Goustan neighbourhood); or even go for a trip to cairn of Gavrinis from Larmor-Baden.

Source: Guide du Routard Golfe du Morbihan

### IN 1 WEEK

- ✦ **Day 1:** Vannes, as above.
- ✦ **Day 2:** visit an island of your choice.
- ✦ **Day 3:** discovering the inland countryside surrounding the bay, those peaceful rural villages basking in lush greenery; a magical place full of megalithic sites, chapels, cross banners and other curiosities that take you back to the Brittany of yore. Make sure you visit: the village of Gorvello, particularly well preserved.
- ✦ **Day 4:** the peninsula of Rhuys east coast, with the cidre house in Hézo, the salt marshes of Lasné a Saint-Armel and the island of Tascon, then the castle of Susicinio of course.
- ✦ **Day 5:** enjoy the Atlantic beaches on the west and south coast of the Rhuys peninsula, roam around the coves and little harbours dotted along the bay, visit the burial mound of Petit-Mont in

Arzon and take it easy in Port-Navalo. Those who like a bit of pampering can treat themselves to a thalassotherapy session!

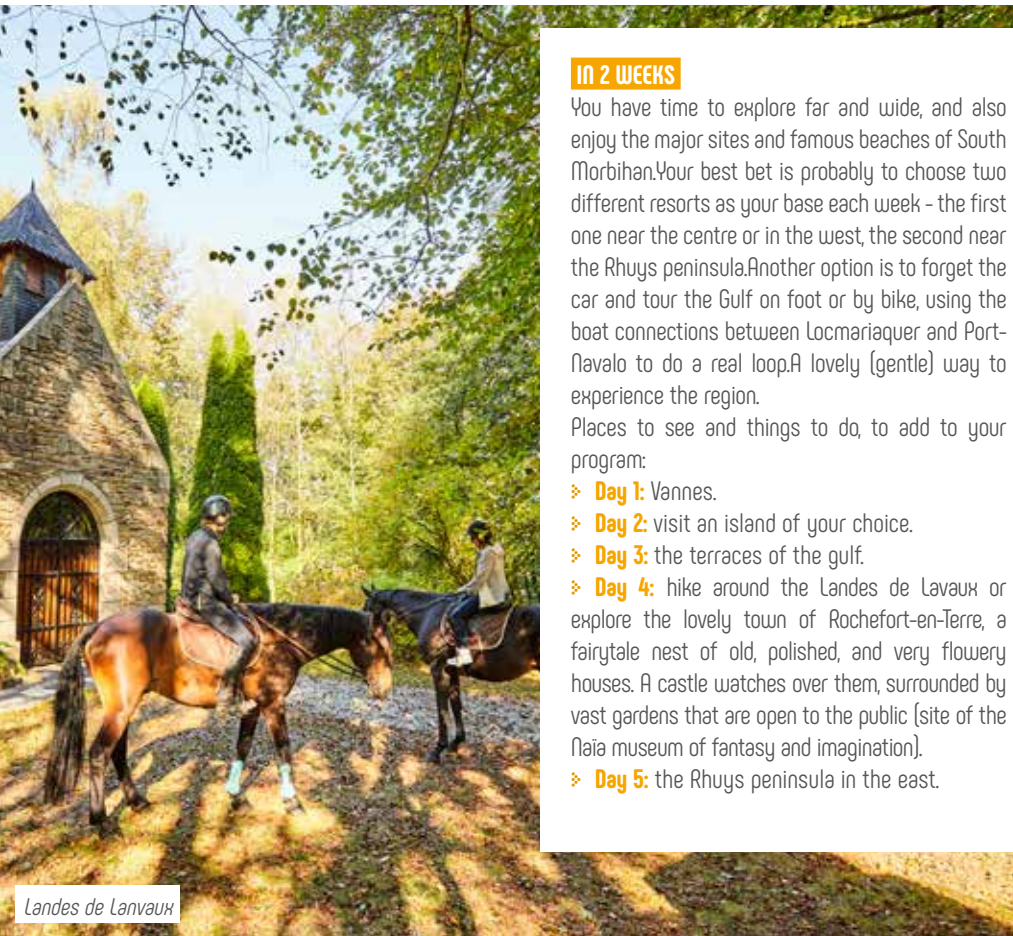
- ✦ **Day 6:** visit the western side, Arradon and Larmor-Baden, from where you can reach the cairn of Gavrinis island. In the afternoon, head on a little further to the charming port of Bono and Auray (Saint-Goustan).

- ✦ **Day 7:** push on to Locmariaquer to complete the loop and rack up a score of megalithic sites before going for a dip on the beautiful unspoilt beaches.

- ✦ **Alternative:** in the summer, replace one of the days with an excursion to Belle-Île, Houat or Hoëdic.



Port-Navalo, Arzon



Landes de Lanvaux

### IN 2 WEEKS

You have time to explore far and wide, and also enjoy the major sites and famous beaches of South Morbihan. Your best bet is probably to choose two different resorts as your base each week - the first one near the centre or in the west, the second near the Rhuys peninsula. Another option is to forget the car and tour the Gulf on foot or by bike, using the boat connections between Locmariaquer and Port-Navalo to do a real loop. A lovely (gentle) way to experience the region.

Places to see and things to do, to add to your program:

- ✦ **Day 1:** Vannes.
- ✦ **Day 2:** visit an island of your choice.
- ✦ **Day 3:** the terraces of the gulf.
- ✦ **Day 4:** hike around the Landes de Lavauux or explore the lovely town of Rochefort-en-Terre, a fairytale nest of old, polished, and very flowery houses. A castle watches over them, surrounded by vast gardens that are open to the public (site of the Naïa museum of fantasy and imagination).
- ✦ **Day 5:** the Rhuys peninsula in the east.

- ✦ **Day 6:** the west and south coast of the Rhuys peninsula.

- ✦ **Day 7:** the northwestern Gulf, from Arradon to Baden, with an excursion to Gavrinis island.

- ✦ **Day 8:** the charming little port of Bono, the town of Auray nearby, and Sainte-Anne-d'Auray for its basilica that attracts pilgrims from all over Brittany (on July 26).

- ✦ **Day 9:** Locmariaquer.

- ✦ **Day 10:** La Trinité-sur-Mer, sailing mecca of southern Brittany, with its large marina and oyster beds. The neighbouring town of Carnac lines up a battalion of menhirs, honoured by a superb museum showcasing the olden days.

- ✦ **Days 11 and 12:** 2 days are none too long to take in the Quiberon peninsula and all its beaches.

- ✦ **Days 13 and 14:** Which of these tickles your fancy - two days on Belle-Île to explore its citadel and wild coastline, or two day trips to the islands of Houat and Hoëdic? If you love solitude and wide open spaces, you'll be in heaven there.



Berder Island, Larmor-Baden



Close your eyes for a moment and imagine this:  
you're gliding on the calm waters of the Gulf of Morbihan.  
Can you hear anything?... Not a sound... It's all so peaceful...



Climb onto the old suspension bridge  
in Bono and admire the view over the  
little port



Go bird watching deep in Gulf of  
Morbihan's Regional Nature Park



Indulge in the joys of watersports  
around the islands in the Gulf of  
Morbihan





Before taking it easy on one of the Gulf of Morbihan's many beaches, take some time to exploring the coastline, either on foot along the coastal path, or by boat, cruising around the main islands.



Leave it all behind and sail off to the islands dotted around the bay; marvel at the ever-changing landscapes that dance to the beat of tide and season.



Go hunting for secret beaches along the coastal path of the Rhuy peninsula all the way to Port-Navalo, head to the vast ocean beaches of the Rhuy peninsula and savour the joys of the seaside



Head out to sea on an ancient sailing ship



At the Gulf of Morbihan markets, you'll meet the local producers. They're always eager to share their local expertise and whet your appetite with a few tasters.



Get caught up in the bustling farmers markets and the fish market in Vannes.



Sample delicious Breton desserts and sweets in a creperie, bakery or craft shop: pancakes, cakes, salted butter caramel or kouign amann.



Stop off at an oyster farm and treat yourself to some oysters or seafood while taking in the view.



Vannes, Place Henri IV

Culture...

OUT OF THIS  
world

This is Vannes, the Bay's distinguished medieval capital! Traditional festivals combining Breton music and dances regularly take place here, honouring the town's religious heritage among the narrow streets and half-timbered houses.



Visit the distinguished medieval capital of the Gulf of Morbihan, Vannes, with its ancient ramparts.



Immerse yourself in the legend of King Arthur at Suscinio Castle.



Head off to the village of Gorvello with its ancient Breton houses.



Suscinio marshes, Sarzeau



Enjoy your holidays in slow motion mode! On your hiking or cycling outings, take the time to stop and observe the many birds that stop off at Morbihan seeking rest and shelter.



Work on your swing at one of the 3 golf courses.



Rent a bike and take the foot ferries to prolong your ride



Go hiking along the coastal path (the GR® 34) surrounded by a landscape second to none





Gargantua's Quenouille, Plaudren



Set off to discover the megalithic heritage of the Gulf of Morbihan. Intriguing in so many ways, it's currently undergoing extensive research for a UNESCO World Heritage nomination.



Patently seek out the ancient megalithic monuments in Landes de Lanvaux



Go back in time as you enter the cairns on Gavrinis Island or Petit Mont



Climb to the top of Caesar's Mound (Butte de César)



Culture...

OUT OF THIS  
world

# Take a stroll through a town steeped in history

## 6 sites you can't afford to miss in Vannes imprescindible

### 1 THE RAMPARTS

Tourism in Vannes gravitates around the town's ramparts, which are among the very last fortifications still standing in Brittany. The Romans erected the first enclosure the 3rd century A.D., but it was at the end of the 14th century, under the reign of John IV, that the walls were reinforced and extended to protect the population. The duke took up residence in Vannes and had the castle of Hermine built. That castle has long since disappeared, due to Louis XIV's appalling lack of appreciation for this piece of architectural heritage. The king had the ramparts and castle of Hermine brought down to sell the stones in order to fund his wars. Fortunately, some of its towers and bastions have survived, including the Calmont Tower, which has all the characteristics of a medieval gate, with its two passages, carriage gate and pedestrian doorway.

A stone's throw away, the Tour du Connétable (Constable Tower) is the tallest in the enclosure. Its particular interest is that was both a defense tower and a residential tower, as you can see by the large mullioned windows.

### 2 LA COHUE

These days, La Cohue (French for "The Crowd") houses the fine arts museum of Vannes. The tranquillity that now pervades you there, as you contemplate the modern artworks, is in stark

contrast to the constant hustle and bustle of the Middle Ages. Back then, there were a great many shops on the ground floor and the Ducal Justice Palace on the first floor. La Cohue even hosted the Parliament of Brittany in the 17th century and the States of Brittany on several occasions.

### 3 ST. PETER'S CATHEDRAL

Built in the Gothic style, the Cathédrale Saint-Pierre stands upon the vestiges of an ancient Roman cathedral. Although most people don't realise it, the 'Cathédrale' Saint-Pierre of Vannes is actually a basilica. Its right to hold that distinguished title stems from the fact that, since 1419, it houses the relics of Saint Vincent Ferrier; and it's a pilgrimage site on the Tro Breiz path, celebrating the Seven Founding Saints of Brittany.

### 4 HALF-TIMBERED HOUSES

The half-timbered houses of Vannes look like they're straight out of a fairytale - perfect for postcards! There are 170 half-timbered houses listed here, most of them around the cathedral, but also a few dotted around the Saint-Patern suburb and along the banks of the harbour. In the 15th century, there were probably about 900. Place Henri IV is surrounded by some of the most beautiful half-timbered houses in Vannes. They are all beautifully coloured, and some of them feature beautiful carvings in minute detail.

### 5 THE CORBELLING OF THE HOUSES

Most of the half-timbered houses show marked corbelling; that is to say, the first floor protrudes further out than the ground floor. This architectural characteristic was very widespread in the Middle Ages because it created more surface area on the upper floors while leaving a comparatively large passageway down on the streets. An added benefit was that, back then, only the ground floor surface area of houses was taxed... There was a big drawback, however: the corbelled floors were so close together that fires would spread much more easily... and you could get from the upper floor of one house to that of another.

### 6 VANNES AND HIS WIFE

ON the corner of Bienheureux-Pierre-René-Rogue street and Noé street, you'll find two painted busts made of granite: a good-natured couple who seem to be welcoming customers to their stall. But why this name? Could this be Mr. Vannes? It most probably is, since there was a family called the "Vennes" living in the area back then... It's not too far-fetched a story from there: Mr. Vennes got busts made of his wife and himself, and then "Vennes" eventually turned to "Vannes" through the grapevine!



- Parking place
- Museum
- preserved ramparts
- demolished ramparts
- access ramparts



➔ Map of Vannes  
Free. Available at the tourist office.

À L'ENCRE BLEUE conception / réalisation 02 97 68 14 35 - RCS Vannes 481 893 931 - 09718



THE FORTRESS OF LARGOËT  
**PROLONG YOUR VISIT  
 TO INCLUDE ELVEN**



Just 15 minutes from Vannes is the village of Elven, classed as a "Village d'Étape" (good for travellers). As you exit the village, take the small path that goes between two stone pillars. At the edge of the woods, you'll find a heavy door blocking your way. It opens onto the mighty fortress of Largoët. In the 15th century, this stately residence was graced by the presence of distinguished guests: it was home to Marshal John IV of Rieux, guardian of the Duchess Anne of Brittany, future Queen of France; and the Earl of Richmond, later to become King Henry VII of England, was imprisoned here!

Historians agree that Elven has first-rate medieval military architecture, and yet, with its majestic octagonal dungeon, the place seems straight out of a story book: an enchanted citadel, lost in the middle of the dense and silent woods...

**+ INFOS**

[www.largoet.com](http://www.largoet.com)

CASTLE OF SUSCINIO

# Visit the Dukes of Brittany

The famous castle of Suscinio stands in an ideal location by the sea, on the Rhuys peninsula, between forest and marshes. This majestic estate, which celebrated its 800th anniversary this spring, is one of the three most popular sites in Morbihan. Never resting on its laurels, the Domaine de Suscinio is continuously innovating to give its visitors an experience filled with originality, poetry and variety. Follow the guide!

## A TUMULTUOUS HISTORY

Built in the 13th century by John I<sup>st</sup>, the estate was first a manor, then a princely palace, and later the residence of the Dukes of Brittany... until, little by little, as time went on, it was abandoned. Listed as an historical monument falling to ruin, it was acquired by the departmental authorities in 1965. Since then, the estate has been magnificently restored and today, it shines in all its glory. Set in stunning natural surroundings, basking in the golden light of the ocean, this lofty medieval fortress is open to the public all year round.

## FUN-FILLED TOURS

Alongside the restoration of the site, archaeological excavations were carried out, and the treasures discovered bring the history of the castle to light. A set of pavements covering almost 300 m<sup>2</sup> was thus uncovered and beautifully displayed, providing a unique example of decorative medieval art. The pieces are laid out and the scene set in an attractive, contemporary way that shows off the value of the works. The exhibits are displayed in a playful, educational way, through films projected onto

stone walls, ancient maps, tapestries, costumes, stained glass pieces and all kinds of animations... All of this in a magnificently restored ancient site.

The western wing, renamed "Logis Merveilleux" (abode of marvels), now stages a highly original theme that invites visitors to immerse themselves in the legend of King Arthur and the Round Table.

The estate grounds surrounding the castle have also been developed to incorporate a range of different events. From April onwards, during the day, there's a reconstructed hunting camp where visitors can try crossbow shooting and discover the hunting traditions of the olden days. In July and August, at nightfall, the breathtaking open-air sound and light shows (twice a week, booking required) take the public through eight centuries of Breton tales and legends, projected onto the age-old walls... The castle of Suscinio becomes both the subject and medium of a story it continues to write with great style and beauty.

**+ INFOS**

[www.suscinio.fr](http://www.suscinio.fr)



# 10 KEY PERIODS IN THE HISTORY OF THE GULF OF MORBIHAN

## THE NEOLITHIC

The first megaliths were erected 7,000 years ago, at most, indicating the existence of an early hierarchical class society. Their civilization reached its peak about 5,000 years ago, when they built covered walkways and common graves, as well as rows and circles (cromlechs) of menhirs.

## THE ARRIVAL OF THE CELTS

But already, a new people began to arrive from the east: the Celts. At the dawn of the 7th century BC, there were five tribes sharing Armorica. The Veneti, the most powerful, established themselves in the Morbihan region.

## THE ROMAN ERA

In 58 BC, Caesar himself set out to conquer Gaul. Two years later, he was there in person when his armies brought the Veneti to their knees. The Romans founded or extended a number of towns, including Vannes (Darioritum).

## ARMORICA FALLS BACK TO THE CELTS

Welsh and Cornish peoples, fleeing the Saxon invasions at home, landed in what is now Brittany and settled there. Arriving in large numbers, they strengthened the Celtic culture of a partially Romanized Armorica. That era saw the birth of the region's language and its first traditions. And along came a new ideology: Christianity.

## THE KINGDOM OF BRITANNY

Christianity spread like wildfire throughout Brittany, superimposing itself on past beliefs. Crosses sprouted atop menhirs, and chapels sprung from mounds. In 465, Vannes hosted a council under the rule of St. Patern, one of the seven founding saints of Brittany. Feudalism was born, under the aegis of the duchy of Brittany after 939.

## CAUGHT IN THE CROSS-FIRE BETWEEN FRANCE AND ENGLAND

In the 12th century, France and England each began trying to conquer Brittany. Nevertheless, Brittany managed to assert its independence before sinking into a long war of succession that resulted in forcing it into France's hands on a definitive basis.

## ANNE OF BRITANNY

In 1458, the duke François II abandoned Vannes in favour of Nantes. Brittany, increasingly under France's sway, was torn between those in favour of re-attachment and those fighting for independence, led by the duke. Forced to surrender, François II died, leaving the duchy to his daughter Anne. In 1491 she was forced, against her will, to marry the King of France, Charles VIII. Brittany belongs to France.

## THE GOLDEN AGE OF COMMERCE

Brittany's seafaring reputation gained ground thanks to growing trade in salt, fish, wine from the Nantes region and, above all, "canevas" - sailcloth. Thanks to this material, "overseas merchants" were making fortunes and mansions sprouted all over Vannes. With such enormous profits to be made, greed inevitably followed. From the end of the 17th century onwards, France and England engaged in constant, bitter rivalry. To protect the coasts, Louis XIV called on Vauban, who endowed Brittany with a belt of strongholds.

## THE FRENCH REVOLUTION

Other than in Nantes, where there are still a great many Royalists, the Revolution is generally welcomed in Brittany: the region has had more than enough of the merciless taxing system that gave rise to so many of the uprisings (like that of the Bonnets Rouges). In 1790, the parliament and duchy were abolished and five departments created, including Morbihan.

## THE FASHION OF SEA BATHING

English aristocrats starting crossing the Channel in search of the ideal holiday resort. The era of "health walks" had dawned - because bathing was, above all, a matter of health... In 1860, the railroad was extended and Parisians flocked to the coast of Brittany in ever-increasing numbers. Hot on the heels of worldly Belle Epoque came the advent of paid holidays (1936), which led to the democratization of tourism. This mapped out Brittany's future: after such a tumultuous past, it was now to become a land of milk and honey.

## Highlights

- ✓ **Algues au rythme festival**, Arradon, June
- ✓ **Fête du Bruit festival**, Saint-Nolff, July
- ✓ **Historical festivals**, Vannes, July
- ✓ **Jazz en Ville**, Vannes, End of July- beginning of August
- ✓ **Fêtes d'Arvor**, Vannes, August
- ✓ **Motocultor Festival**, Saint-Nolff, August

Find all the highlights on  
[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

## DANCE, SONGS, 'FEST-NOZ'...

In Brittany, in times gone by, people used to dance at weddings and village fêtes. Since then, dances such as 'Le Galop nantais' and 'l'An dro' are common sights during the 'fest noz'. Enthusiasts of the Breton culture meet up together during these night festivals as a mix of generations. The festivals have been classified by UNESCO as examples of Breton World Intangible Cultural Heritage.



## SOME HELPFUL TERMS

- **ARGOAT** the earth; land country; inland
- **ARMOR** the sea; the land of the sea; the Breton coast
- **BIHAN** small
- **BRAS** big (Mor-Bras: the ocean, as opposed to Mor-Bihan, the small sea)
- **BREIZH** Brittany (Mor-Breizh: the Channel)
- **ENEZ** island
- **FEST-NOZ** and **FEST-DEIZ** traditional festival
- **GAST !** damn! (the most common swearword)
- **HEOL** sun
- **KASTELL** castle
- **KENAVO** goodbye
- **KER** one of the most common place names in Brittany; means "village", "hamlet", "group of houses"
- **KRAMPOUEZH** pancakes
- **PENN BOUT**, end (Penn ar Bed: the end of the earth = Finistere)
- **VEIHEDMAT !** cheers !



The Sea...  
OUT OF THIS world

# Cruises & Crossings around the Gulf of Morbihan

## HOW TO HEAD OUT TO SEA?

Take a day, a half-day or just an hour or two to savour the pleasures of a cruise across the Gulf of Morbihan or to the offshore islands (Îles du Large)... Make a stop on an island or just soak in the breathtaking surroundings.

The whole team at Golfe du Morbihan Vannes Touriste office is at your disposal, to give you advice on what trip to choose and what package best suits your preferences and budget.

**R** Book your tickets now from the Tourist Office.



### CRUISES

Step aboard a passenger craft:

- ❖ Le Passeur des îles **R**
- ❖ Izenah Croisières **R**
- ❖ Vedettes l'Angelus **R**
- ❖ Compagnie du Golfe **R**
- ❖ Navix **R**
- ❖ Les Vedettes du Golfe **R**

### EXPLORE THE BAY ON A SKIPPED SAILING BOAT

- ❖ Avel Plaisance
- ❖ Prestige Evasion
- ❖ Caseneuve Maxi Catamaran
- ❖ Voilier Morbihan
- ❖ Dorabord
- ❖ Catimini Plaisance



### PARTICIPATE IN SAILING MANOEUVRES ON AN ANTIQUE SAILING BOAT

- ❖ Krog E Barz
- ❖ Belle Plaisance
- ❖ Corbeau des mers
- ❖ Gabare André Yvette

### ÎLE AUX MOINES

#### Direct connections

#### All year round

- ❖ Departure from Baden (Port-Blanc): Izenah Croisières

#### July-August

- ❖ Departure from Vannes (ferry terminal): Vedettes du Golfe **R**
- ❖ Departure from Arradon: Izenah Croisières
- ❖ Departure from Arzon (Kerners): Le Passeur des Îles **R**
- ❖ Departure from Arzon (Port-Navalo): Vedettes l'Angélus **R**
- ❖ Departure from Locmariaquer: Vedettes l'Angélus **R**



## ÎLE D'ARZ

### Direct connections

#### October to March

- ✦ Departure from Vannes (Conleau): Bateaux Bus du Golfe

#### April to September

- ✦ Departure from Vannes (ferry terminal): Bateaux Bus du Golfe

#### All year round

- ✦ Departure from Séné (Barrac'h): Bateaux Bus du Golfe

#### July-August

- ✦ Departure from Baden (Port-Blanc): Izenah Croisières
- ✦ Departure from Arzon (Port-Navalo): Le Passeur des Îles
- ✦ Departure from Locmariaquer: Vedettes l'Angélus

## ÎLES DU LARGE (OFFSHORE ISLANDS)

### Direct connections

## HOËDIC

#### All year round

- ✦ Departure from Quiberon: Compagnie Océane

#### July-August

- ✦ Departure from Vannes (ferry terminal): Navix, Vedettes du Golfe
- ✦ Departure from Arzon (Port-Navalo): Navix, Vedettes du Golfe, Compagnie du Golfe, l'Angélus
- ✦ Departure from Locmariaquer: Les Vedettes l'Angélus, Navix

## HOUAT

#### All year round

- ✦ Departure from Quiberon: Compagnie Océane

#### July-August

- ✦ Departure from Vannes (ferry terminal): Navix, Les Vedettes du Golfe
- ✦ Departure from Arzon (Port-Navalo): Navix, Les Vedettes du Golfe, Compagnie du Golfe, Les Vedettes l'Angélus
- ✦ Departure from Baden (Port-Blanc): Izenah Croisières
- ✦ Departure from Locmariaquer: Les Vedettes l'Angélus, Navix



## BELLE-ÎLE-EN-MER

#### All year round

- ✦ Departure from Quiberon: Compagnie Océane

#### July-August

- ✦ Departure from Vannes (ferry terminal), ARZON (Port-Navalo): Navix, Compagnie du Golfe, Les Vedettes du Golfe
- ✦ Departure from Locmariaquer: Navix, Les Vedettes du Golfe

## ÎLE DE GROIX

#### All year round

- ✦ Departure from Lorient: Compagnie Océane

## THE FOOT FERRIES:

### FROM ONE SLIPWAY TO ANOTHER

- ✦ Connection St Armel – Cale du Passage  
Séné – Cale de Montsarrac

#### April to September

- Le Petit Passeur

- ✦ Connection Séné – Cale de Barrac'h / Vannes – Cale de Conleau

#### June to September

- Le Petit Passeur

- ✦ Connection Port Navalo (Arzon)/ Locmariaquer

#### April to September

- Le Passeur des îles

- ✦ Connection Port Navalo (Arzon) / Vannes

#### July-August

- Le Passeur des îles

- ✦ Connection Kerners (Arzon) / Port Navalo (Arzon)

#### April to September

- Le Passeur des îles

- ✦ Port Navalo (Arzon) / Auray and/or Le Bono

#### April to September

- Le Passeur des îles
- Les Vedettes l'Angélus

- ✦ Port Navalo (Arzon) / Cairn de Gavrinis

#### April to September

- Le Passeur des îles

- ✦ Le Tour du Parc – (Cale de Pen Cadenic)  
Damgan – (Cale de Penerf)  
Le Passeur du Lenn

## Highlights

- ✓ Vannes photos Festival - Vannes, April
- ✓ Semaine du Golfe du Morbihan (every 2 years, Ascension weekend)
- ✓ Morbihan Paddle Trophy Ouest France the Gulf of Morbihan - June
- ✓ Les Journées du vent - Penvins, Sarzeau, July
- ✓ Le Mille Sabords Golfe du Morbihan boat show - Arzon, All Saints weekend

Find all the highlights on  
[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)



THROUGHOUT THE YEAR, YOU CAN BOOK YOUR TICKETS AT THE TOURIST OFFICE AND BENEFIT FROM OUR PERSONALISED ADVICE

# MAP OF BEACHES



Beach name

Miramar La Cigale thalassotherapy centre

Supervised beaches

Beach wheelchairs  
Hippocampe and Tiralou

[in music]

# the Beaches

BY OUR EXPERTS  
AT THE TOURIST OFFICE



**ROZENN likes:**

going down to Goh Velin beach in St Gildas de Rhuys at the end of the day, watching the sunset and prolonging the evening enjoying a drink with friends



**& listening to**

« *Sur la planche* » by La Femme



**VALENTINE likes:**

enjoying the big beach of Île aux Moines in the autumn, admiring the scenery and playing with my dog



**& listening to**

« *Sugar Town* » by Nancy Sinatra



**BRENDAN likes:**

getting on my bike after work and speeding off to take a dip at the little beach of Moustérian in Séné; it has such a friendly vibe when the days get longer



**& listening to**

« *We Go Home* » by The Avener



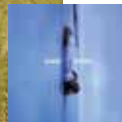
**EMMANUELLE likes:**

taking a stroll along the deserted beach of Roaliguen in Sarzeau in the winter and watching the sea at its wildest



**& listening to**

« *Vu du ciel* » by Zazie



**CÉDRIC likes:**

going down to the Brandivy forest at the end of the day to sit by the pond and watch the fishermen, or the kayakers as they make their way across the water



**& listening to**

« *Heroes* » de David Bowie



You can listen to the entire playlist

[+20 tracks]

on [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)



# Walk the coastal paths

4 OF OUR FAVOURITE HIKES



## THE ENDS OF THE BAY TO ARZON

GR®34 EASY 15 km 4h

This route is one of the most beautiful sections of the famous GR®34, voted France's official favourite hiking trail in 2017! The path has recently been refurbished for walkers. Stretching out over the Rhuys peninsula, on the Bay side, it joins the various points in Arzon and offers breathtaking views on the Petite Mer, with its islands and megaliths right on the shoreline: the Er Lannich cromlech and the Gavrinis Tumulus (mound)!



## FROM PLAUDREN TO TRÉDION

GRP® VANNES-LANVAUX MODERATE 17 km 4h30

This Grande Randonnée de Pays (GRP®) route takes you into the wooded, hilly massif of Landes de Lanvaux, with its historical hamlet and typical Breton churches such as the famous chapel of Saint-Bily; and you'll also pass a former mining and sculpting site, source of the region's many megaliths. Yellow and red signposting means the route is also accessible to mountain bikers and riders! The castle of Trédion awaits you at the end, with its harmonious facades surmounted by pretty turrets - a splendid reward for all your efforts.



## LES CULS SALÉS IN SÉNÉ

PR® DIFFICULT 21 km 2h15

Séné is a coastal town that has managed to stay intact, developing its assets by protecting its cultural and natural heritage. The Culs Salés ("salty butts") route takes you across a wide range of landscapes: from the shores of the Gulf of Morbihan to the banks of the Noyal river, through fields and villages.



## AROUND ILE D'ARZ

GR®34 DIFFICULT 15 km 4h

Ile d'Arz is a wild place, its paths flanking the rugged coastline and leading hikers past craggy points through a kaleidoscope of seascapes with the Gulf of Morbihan islands in the distance, and beautiful sandy beaches to discover among the coves.

+ HIKES

+ 58 HIKING ROUTES

to view and download on [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

# Slow down, pedal, breathe...

The Gulf of Morbihan is pure delight for cyclists, whether you like to bomb along the trails, lose yourself in nature, take a ride on the foot ferry, conquer the Points, or visit sites you can't get to by car...



→ Tourist map

Free. Available at the tourist office.

## 2 cycling suggestions



### IN LANDES DE LANVAUX,

5 Vélo Promenade® VTC cycling routes lead you across a variety of landscapes: meadows, moors, woods, valleys dotted with a vernacular heritage of great architectural interest.

The routes:

- Colpo: 12 km - 1h30
- Locmaria-Grand-Champ: 6 km - 1h40
- Brandivy: 17 km - 1h15
- Plaudren: 13 km - 1h15
- Grand-Champ: 17 km - 1h45



### ON THE RHUYS PENINSULA,

a 67 km route takes you on a simple loop around the peninsula! Set off from Arzon or Sarzeau for a 4h30 journey through a multi-faceted destination, with the tranquil waters of the Petite Mer on the north side and the vast sandy beaches on the Atlantic side!

Highlights of the route: Sarzeau and the Duer marsh, the castle of Suscinio, Arzon and its two ports (Port Crouesty and Port Navalo), the cairn of Petit Mont, Saint-Gildas-de-Rhuys abbey, the Tour-du-Parc oyster beds and the Saint-Armel salt marshes.



## SOMETHING DIFFERENT!

Get on the foot ferry to reach the other side of the Bay by sea: Séné > St Armel, Tour du Parc > Damgan, Vannes, Conleau > Séné, Arzon > Locmariaquer. These famous Gulf of Morbihan barges can save you a whole lot of effort, cutting out tens of kilometers...



[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

## THE REGIONAL NATURAL PARK OF THE GULF OF MORBIHAN



In 2014, the Gulf of Morbihan became France's 50th Regional Natural Park. This title is a boost for the region, recognising its strong identity, forged by a rich archaeological, architectural, cultural and ecological heritage.

### SUSTAINABLE TOURISM AT THE HEART OF THE RNP

The RNP (Regional Natural Park) is you, me, us; it's everyone who contributes, everyone who works there, lives there, goes there to relax. The Regional Natural Park is part of a regional network that strives towards sustainable tourism in cooperation with all those who work in the tourism industry. The Tourist Offices are essential channels for propagating and promoting tourism throughout the region.

### FISHING FROM THE SHORE

To support its awareness-raising activities, the Regional Natural Park of the Gulf of Morbihan has published a set of guidelines to enable fishermen to comply with size regulations regarding their catch. This document outlines the basic rules concerning respect of the environment.



[www.decouvrirelegolfedumorbihan.bzh](http://www.decouvrirelegolfedumorbihan.bzh)

### SHORE FISHING GUIDELINES AVAILABLE AT THE TOURIST OFFICE



## Highlights

- ✓ Jardins Éphémères (Ephemeral Gardens), Vannes, April to October
- ✓ Balcons du Golfe trail run, Monterblanc, May
- ✓ Ultra Marine, race across the Gulf of Morbihan, End of June
- ✓ Vannes marathon October

Find all the highlights on  
[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)



# Discover the gastronomy of Brittany

Forget the idea that Brittany is just a land of crêpes and galettes! They are certainly loved here, but they're not the only things made in the region. Brittany, a land embraced by ocean, produces a wealth of delicious ingredients that Breton chefs delight in serving up in inventive new ways! Brittany oysters, shellfish and seafood, salted butter, 'Kouign-Aman' and cider all deserve a mention. Go out and meet the producers of the Gulf of Morbihan, they'll take pride in telling you about their daily lives, describing the authentic Breton lifestyle and sharing their knowledge with you.



## SEAFOOD PRODUCTS

Facing out the the Atlantic ocean, the Gulf of Morbihan is home to mullet, sea bream, red mullet... and there's also a healthy population of bass either line-caught or net-caught. Hake and sole, on the other hand, are trawled for. Fishermen catch splendid lobsters and spider crabs in their traps, along with swimming crabs, shrimp, prawns and cuttlefish; you'll see them on the market stands and served up in imaginative ways at restaurants. As to shoreline fishing, the main species found here is clam. Needless to say, oyster and shellfish farming are part and parcel of the local landscape.

## MEETING OYSTER FARMERS

Oyster farming is now the biggest shellfish farming activity, ahead of clam and mussel breeding. The facilities needed for oyster farming are, in themselves, an important part of the oyster breeding heritage that the Regional Natural Park strives to promote and protect.

It's well worth taking a leisurely wander along the Morbihan coastline and stopping at the perfectly aligned tables where these marine molluscs doze in the sunshine. With the tide rolling in and out, it's a setting that gives you a real sense of serenity... Savour the moment: take your time to taste these delicacies and chat with the oyster farms. Whether on the Bay or on the Atlantic coast, oyster farmers all care deeply about preserving the diversity of their land and traditions.

## IN MORBIHAN, THE QUEEN OF APPLES IS THE GUILLEVIC!

Grown in the Morbihan countryside amid rivers and sea, this little green apple produces the cider south Brittany is famous for. The Gulf of Morbihan is the land of choice for one of the oldest strains of apple trees in the region.

The authentic Breton "cidre bouché" (sold in bottles with a strong cork) is pale yellow, mottled with green reflections, and sparkles with very fine, light bubbles. It has a fruity, fragrant aroma. Dubbed the "Cidre Royal" of Morbihan, it is either served chilled as an apéritif or to accompany a meal. The "Label Rouge" certifies that local artisan cider makers are using pure, fresh juice taken solely from Guillevic apples.

## THE ART OF MAKING GALETTES

Making galettes does not just require buckwheat (also known as 'farine de blé noir'), coarse salt and water. It also requires the strength to trap air into the dough and the special movements needed to spread it over the base of the galette griddle. ('le bilig'). The batter-spreading tool ('le rouable') must be held in a relaxed manner and the wooden spatula ('la tournette') must be used to gently turn the galette without breaking it. Feel free to ask at the crêperies, where they are sure to give you some tips.



Find the best places to go to meet producers and taste local products on [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)





## THE MARKETS

<b>MONDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Arzon, <b>Port of Crouesty</b> (April to September)</li> <li>• Sarzeau, <b>Port St Jacques</b> (1st Monday of June to 1st Monday of September)</li> </ul>
<b>TUESDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Arradon, <b>Church Square</b> (all year round)</li> <li>• Arzon, <b>Church Square</b> (all year round)</li> <li>• Saint-Gildas-de-Rhuys, <b>Church Square</b> (all year round)</li> <li>• Vannes, <b>Ménimur, shopping center</b> (all year round)</li> </ul>
<b>TUESDAY AFTERNOON</b>	<ul style="list-style-type: none"> <li>• Elven, <b>church square</b> (all year round from 4 pm to 7 pm)</li> <li>• Saint-Avé, <b>Place Notre-Dame du Loc</b> (from 4 pm to 7 pm)</li> </ul>
<b>WEDNESDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Larmor-Baden, <b>Church Square</b> (all year round)</li> <li>• Ploeren, <b>town</b></li> <li>• The Bono market place - <b>fish market</b></li> <li>• Valves, <b>city centre</b> (all year round)</li> </ul>
<b>WEDNESDAY AFTERNOON</b>	<ul style="list-style-type: none"> <li>• Baden, <b>pier of Port Blanc</b> (July / August from 2 pm to 8 pm) - art and food market</li> <li>• Saint-Gildas-de-Rhuys, <b>Church Square</b> (July / August from 5 pm to 9 pm) - organic and artisanal market</li> </ul>
<b>THURSDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Le Bono, <b>Place de la République</b> (all year round)</li> <li>• Sarzeau, <b>Place des Trinitaires</b> (all year round)</li> </ul>
<b>THURSDAY AFTERNOON</b>	<ul style="list-style-type: none"> <li>• Larmor-Baden, <b>Church square and Route de Vannes</b> (July / August from 5 pm to 11 pm) - night market and musical entertainment</li> <li>• Locmaria-Grand-Champ, <b>Place de la Voile</b> (all year round from 4 pm to 7 pm) - food markets</li> <li>• Surzur, <b>Church Square in summer</b> / Main Street from September to June (all year round from 5 pm to 8 pm)</li> </ul>
<b>FRIDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Arradon, <b>Church Square</b> (all year round)</li> <li>• Arzon, <b>Port Navalo harbour</b> (April to November)</li> <li>• Elven, <b>Church Square</b> (all year round)</li> <li>• Grand Champ, <b>Ti Kreiz Ker</b> (1st Friday of the month)</li> <li>• Ile aux Moines, <b>Market Square</b> (all year round)</li> <li>• Saint-Armel, <b>Church Square</b> (all year)</li> <li>• Saint-Gildas-de-Rhuys, <b>Church Square</b> (all year round)</li> <li>• Sulniac, <b>Church Square</b> (all year) - traditional and organic market</li> <li>• Vannes, <b>Ménimur, shopping center</b> (all year round)</li> </ul>
<b>FRIDAY AFTERNOON</b>	<ul style="list-style-type: none"> <li>• Baden, <b>forecourt of the Town Hall</b> (all year from 4 pm to 7:30 pm) - country market</li> <li>• Plescop, <b>Rue de la République</b> (4 pm to 7:30 pm) - local producers, craftspeople</li> <li>• Sarzeau, <b>Penvins</b> (July / August)</li> <li>• Senna, <b>Church square - town centre</b>(from 4 pm to 7:30 pm) - food market</li> </ul>
<b>SATURDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Grand Champ, <b>Ti Kreiz Ker</b> - local products</li> <li>• Le Bono, <b>Place de la République</b> (all year round)</li> <li>• Saint-Gildas-de-Rhuys, <b>Church Square</b> (all year round)</li> <li>• Sarzeau, <b>Place Richemont, Place Duchesse Anne, Place Marie Le Franc</b> (all year round) - organic market and local producers</li> <li>• Valves, <b>city centre</b> (all year round)</li> </ul>
<b>SUNDAY MORNING</b>	<ul style="list-style-type: none"> <li>• Arzon, <b>Port Navalo-Taveno Square</b> (all year round)</li> <li>• Larmor-Baden, <b>Church Square</b> (all year round)</li> <li>• Tour du Parc, <b>town</b> (all year round)</li> <li>• Ploeren, <b>town</b></li> <li>• Saint-Avé, <b>Hôtel de Ville square</b></li> <li>• Saint-Gildas-de-Rhuys, <b>Church Square</b> (all year round)</li> <li>• Saint-Nolff, <b>town</b> (2nd Sunday of the month)</li> <li>• Theix-Noyal, <b>Market square</b></li> <li>• Valves, <b>Sainte-Bernadette School, Conleau</b> (all year round)</li> <li>• Tréfléan, <b>Town Hall square</b> (1st Sunday of each month)</li> </ul>

## MARKETS

Vendors hailing shoppers; customers idling around or rushing past; colourful, flowery stalls: markets here are bustling, vibrant and full of life. You'll find all the regional products here: oysters, fresh fish, organic vegetables, cheeses from the surrounding farms, cider from the fields, along with fleur de sel, freshly roasted coffee and even saffron pistils. Once you've done your shopping, sit down at one of the typical cafés: it's already time for the "apéritif", don't you think?



### SOME HELPFUL TERMS

#### YOUR MENU OF "REGIONAL SPECIALTIES"

- AIGUILLETTE: ATLANTIC NEEDLEFISH
- ANDOUILLE: SPICY SMOKED SAUSAGE
- ANDOUILLETTE: SMALL CHITTERLING SAUSAGE
- ARRAIGNÉE DE MER: SPIDER CRAB
- BAR (POISSON): SEA BASS
- BIÈRE: BEER
- BIGORNEAU: COMMON PERIWINKLE
- BOUQUET: BOUQUET (AROMA)
- BULOT: WHELK
- CARAMEL AU BEURRE SALÉ: SALTED BUTTER CARAMEL
- CIDRE: CIDER
- CRÊPE: PANCAKE
- CREVETTE: SHRIMP
- DORADE: SEABREAM
- ÉTRILLE: SWIMMING CRAB
- GALETTE: REGIONAL PANCAKE (USUALLY SAVOURY)
- HOMARD: LOBSTER
- HÛÎTRE: OYSTER
- JUS DE POMME: APPLE JUICE
- LANGOUSTINE: LOBSTER
- LIEU (POISSON): POLLOCK
- MORGATE: CUTTLEFISH
- PALOURDE: CLAM
- SAUMON FUMÉ: SMOKED SALMON
- SOLE: COMMON SOLE
- TOURTEAU: CRAB

In Vannes, the fish market is open on Tuesdays, Wednesdays, Fridays, Saturdays from 7 am to 1 pm all year round, and Les Lices market, Tuesday to Sunday from September to June and every day in July and August from 8 am to 2 pm.

In St Gildas de Rhuys on the church square, a small food market is held every day in July-August.

In Sarzeau on the church square, a small food market is held every day, all year.

In Locquettas, a local produce market, with giant picnic and musical entertainment, is held on the second Saturday of July.



# Meandering between menhirs and dolmens, from cairn to megalithic compound...

If you're interested in history and pre-history, then among the Gulf of Morbihan's many attractions, the megalithic sites are sure to spark your curiosity. There are a great many monuments dotted around the landscape. Many have suffered the ravages of time and sometimes only a few scattered stones remain. Some stand on private properties and are not accessible to the public. But from the Rhuys Peninsula up through Vannes towards the Landes de Lanvaux, you'll find a large number of megaliths marking the landscape. There they've stood for thousands of years, and they're a core element of this region's identity.



## SOME HELPFUL TERMS

**MEGALITH:** from the Greek "mega", meaning big, and "lithos", stone. Monument comprised of one or more monumental stones. Menhirs, dolmens, alignments and cairns are all types of megalithic architecture.

**DOLMEN:** traditional name for a burial chamber made of stones, most often including a monumental cover slab, remnant of a structure covered by a tumulus or cairn that in most cases has disintegrated due to erosion or human activity.

**MENHIR:** Traditional name for large man-made upright stone, which today can be found either in isolation or as part of a compound or alignment monument.

**CAIRN:** structure composed mainly of dry stone covering one or more passage graves.

**BARROW OR TUMULUS:** man-made hill composed mainly of earth, covering a tomb in the form of vault or sealed cist, without an access corridor. The term tumulus, more vague, is used when the interior architecture remains unknown.

**MEGALITHIC ENCLOSURE:** megalithic compound consisting of man-made upright stones forming an open space, arranged in the shape of a semi-circle or horseshoe (megalithic enclosure of Er Lannic), or even - more rarely - a quadrangle. It should be noted that complete stone circles, such as the more recent Stonehenge monument in England, do not exist in southern Brittany.

- 1 COLPO: **THE LARCUSTE CAIRNS**
- 2 TRÉDION: **LOGE AUX LOUPS (WOLF LODGE)**
- 3 PLAUDREN: **QUENOUILLE DE GARGANTUA**
- 4 LE BOND: **THE TUMULUS OF KERNOURS**
- 5 BADEN: **THE DOLMEN OF TOULVERN**
- 6 L'ÎLE-AUX-MOINES: **THE MEGALITHIC COMPOUND OF KERGOHAN**
- 7 L'ÎLE AUX MOINES: **DOLMEN DE PENHAP**
- 8 LARMOR-BADEN: **THE CAIRN OF GAVRINIS**
- 9 ARZON: **THE MEGALITHIC SITE OF BILGROIX**
- 10 ARZON: **GALLERY GRAVE OF GRAH NIOL**
- 11 ARZON: **BUTTE DE CÉSAR (CAESAR'S MOUND)**
- 12 ARZON: **THE CAIRN OF PETIT MONT**
- 13 SARZEAU: **KERMAILLARD STANDING STONE**



**8 LARMOR-BADEN :  
THE CAIRN OF GAVRINIS**

The cairn of Gavrinis was built in 4,000 BC. It's thought that the sea level back then was 6 to 8 m lower than in the present day, so the landscape would have been totally different although the island probably stood separate from the mainland already. The cairn overlooks the entry to the Bay. It contains a single tomb with a straight corridor, whose walls are decorated with such a profusion of engravings as is seen nowhere else in the world.

Open from April to September.  
Booking required.

+infos : [www.cairndegavrinis.com](http://www.cairndegavrinis.com)



**12 ARZON :  
CAIRN OF PETIT MONT**

On the tip of the Rhuys peninsula, overlooking the mouth of the Bay, stands the megalithic site of Petit Mont. This monument was extended in several stages during the Neolithic to accommodate three passage graves, one of which is now completely destroyed. In ancient times, this was a place of worship. What makes it particularly fascinating is that a bunker was built here during the Second World War: the venerable old stones provide great camouflage!

Open February to October.

+infos : [www.cairndepetitmont.com](http://www.cairndepetitmont.com)



Fly over the megaliths:  
[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)



# STAY

## AT THE GULF OF MORBIHAN

Book your stay in the Gulf of Morbihan and find all the accommodation available from our 500 partners in the Accommodation Guide and on [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

- ✦ Hotels
- ✦ Holiday villages and holiday homes
- ✦ Campsites
- ✦ B&Bs
- ✦ Holiday lets
- ✦ Lodges
- ✦ Motorhomes



### OUR TOURIST INFORMATION CENTRES

- Vannes – Landes of Lanvaux: +33 (0)2 97 47 24 34
- Rhuys peninsula: +33 (0)2 97 53 69 69

- [tourisme@golfedumorbihan.bzh](mailto:tourisme@golfedumorbihan.bzh)
- [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

## EMERGENCY SERVICES



- ✦ SAMU (Urgent Medical Aid Service): **15** or **112** from a mobile
- ✦ Firemen: **18** or **112** from a mobile
- ✦ Police: **17**
- ✦ Pharmacy on duty: **3237** or [www.3237.fr](http://www.3237.fr)
- ✦ Doctor on call: **+33 (0)2 97 68 42 42**
- ✦ CROSS d'Étel (sea rescue): **196**

# GETTING TO THE GULF OF MORBIHAN - VANNES



## BY ROAD

- Take the A11 motorway, the Océane: 450 km from Paris (5hrs.)
- RN 165 expressway Nantes-Quimper-Brest: 110 km from Nantes, Rennes - 120 km from Quimper



## BY BUS

-  Ouibus, a network of long distance coach lines in France and Europe - [www.ouibus.com](http://www.ouibus.com)

-  Isilines bus company in France - [www.isilines.fr](http://www.isilines.fr)

-  Eurolines bus company in France and Europe - [www.eurolines.fr](http://www.eurolines.fr)

-  FlixBus, coach transport specialising in long distance travel across Europe - [www.flixbus.fr](http://www.flixbus.fr)

*Bus and coach stop:* Vannes Bus Station, Avenue Favrel et Lincy et Lincy



## BY TRAIN

**LGV PARIS-VANNES IN 2 HOURS**

- TGV connections Paris-Vannes: 6 to 7 trains every day [www.voyages-sncf.com](http://www.voyages-sncf.com)

Direct connections with Lille and Bordeaux and regular connections with Lyon, Marseille and Toulouse. Regular bus and taxi connections.



## BY PLANE

- Nantes-Atlantique Airport: +33 (0)892 568 800 (€ 0.34 TTC/mn). [nantes.aeroport.fr](http://nantes.aeroport.fr)
- Lorient-Lann Bihoué Airport: +33 (0)2 97 87 21 50 [lorient.aeroport.fr](http://lorient.aeroport.fr)
- Rennes-Saint-Jacques Airport: +33 (0)2 99 29 60 00 [rennes.aeroport.fr](http://rennes.aeroport.fr)
- Vannes-Golfe du Morbihan Airport: +33 (0)2 97 60 78 79 [vannes.aeroport.fr](http://vannes.aeroport.fr)

*From Paris, Air France lands at Lorient, Rennes and Nantes*

# GETTING AROUND IN THE GULF OF MORBIHAN - VANNES



## BY BUS



Download the Kicéo app

The Kicéo network has 20 bus regular lines

- KICEO Network Bus Lines:

Grand-Champ: line 25 - Elven: line 20 - Arradon: line 4 - Rhuys Peninsula: line 24 - Séné: line 7

The KICEO network also works regular bus lines in and around Vannes



[www.golfedumorbihan-vannesagglomeration.bzh](http://www.golfedumorbihan-vannesagglomeration.bzh)



## BY TAXI - VTC

- Vannes :

Gold VTC: +33 (0)6 61 80 53 99

- Rhuys peninsula :

Taxis de Rhuys: +33 (0)2 97 41 92 43

Crovesty Taxis: +33 (0)2 97 53 94 06



## BY BOAT

- Find all the information in the Leisure Guide 2019



## BY BIKE

Discover **Veloceo**

A self-service electric bike service at your disposal!



[www.kiceo.fr/veloceo](http://www.kiceo.fr/veloceo)



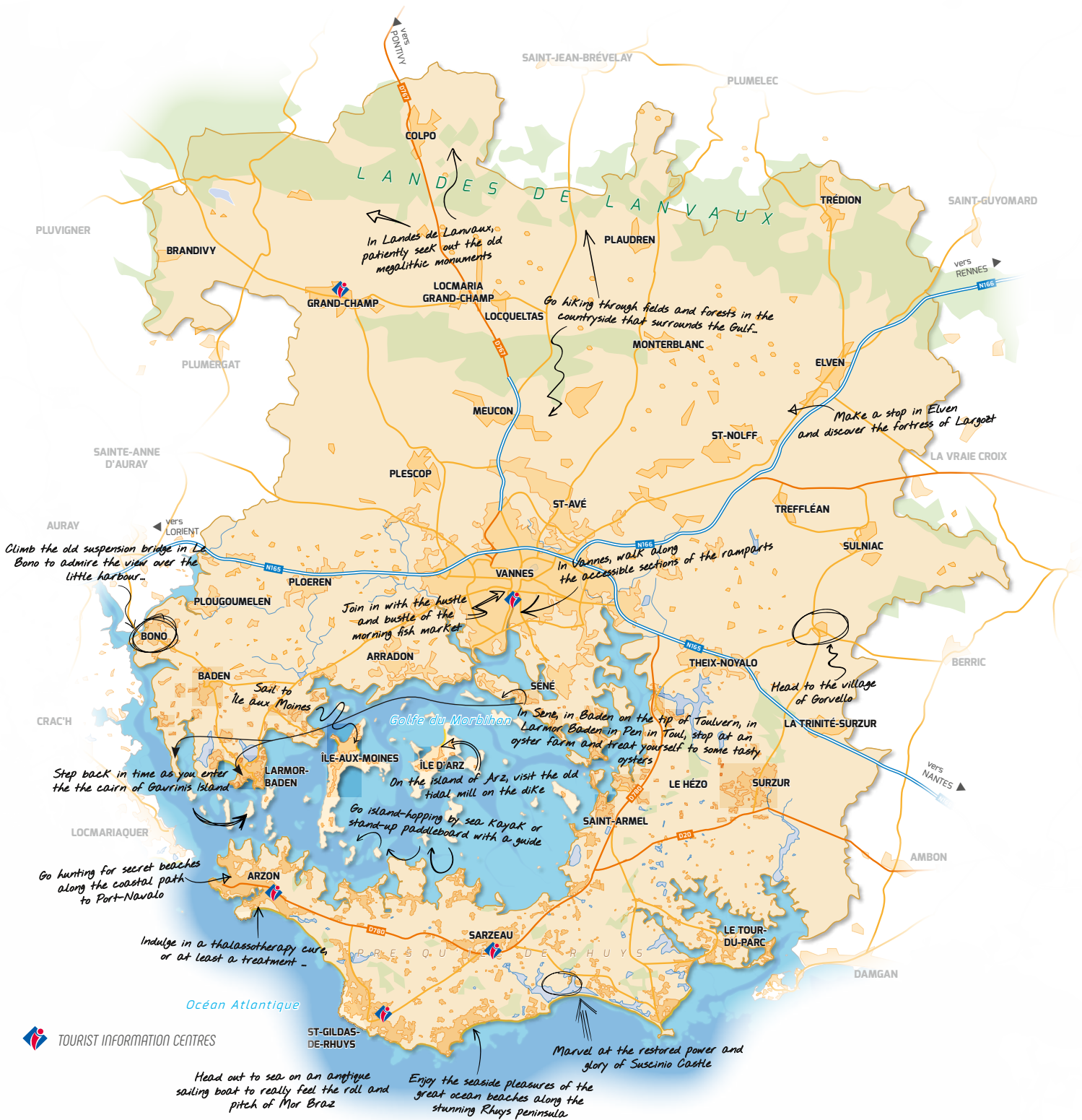
FIND ALL INFORMATION ON PUBLIC TRANSPORT IN BRITTANY: [www.mobibreizh.bzh](http://www.mobibreizh.bzh)

## BRETAGNE

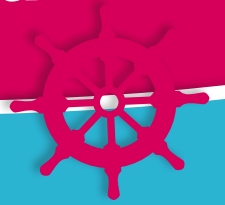
La Manche



# DISCOVER THE FAVOURITES AT YOUR HOLIDAY DESTINATION



# IMMEDIATE DEPARTURE to the islands !



## Île aux Moines, Île d'Arz, Golfe du Morbihan, Belle-Île, Îles de Houat and Hoëdic

9 departure ports in southern Brittany



Information at :  
**02 97 46 60 00**



Ticket office in your  
**TOURIST OFFICE**

**BOOK ONLINE !**



[www.navix.fr](http://www.navix.fr)



# ( SMART TRAVEL ) WITH CITYPASS GOLFE DU MORBIHAN

Discover the major sites of Vannes and the Gulf of Morbihan at the best price for 24h • 48h • 72h, with the **CITYPASS GULF OF MORBIHAN VANNES**.

**+20 MAJOR  
ATTRACTIONS**

**DISCOUNTS, FREEBIES, BENEFITS**

**FREE ACCESS  
TRANSPORT AND VISITS**

**Golfe du  
Morbihan  
Vannes**  
TOURISME

Information and trips at  
[www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

## OUR TOURIST INFORMATION OFFICES

**+33 (0)2 97 47 24 34**

- **VANNES** : Quai Tabarly
- **GRAND-CHAMP** : Ti Kreiz Ker

**+33 (0)2 97 53 69 69**

PRESQU'ÎLE DE RHUYS

- **ARZON** : Rond-point du Couvesty
- **SAINT-GILDAS-DE-RHUY**S : Rue St Goustan
- **SARZEAU** : Rue du Père JM Coudrin



Offices de  
Tourisme  
de France

BECOME GOLFE DU MORBIHAN AMBASSADOR. **FOLLOW US**



golfedumorbihan



@golfemorbihan, #golfedumorbihan



Office de tourisme Golfe du Morbihan Vannes Tourisme  
Quai Tabarly - CS 23921 - 56039 Vannes  
[tourisme@golfedumorbihan.bzh](mailto:tourisme@golfedumorbihan.bzh) • [www.golfedumorbihan.co.uk](http://www.golfedumorbihan.co.uk)

Tourism organization listed in the register of travel and holiday operators: IMO 56130003 - SIRET : 789 660 784 00024 - APE : 7990 Z - TVA Intracommunautaire : FR 58789660784

**GOLFE DU  
MORBIHAN**  
VANNES AGGLOMERATION